Escaping Society Checklist

✓ Reduce expenses  
✓ Become a freelancer  
✓ Start a homestead  
✓ Cancel your cable subscription  
✓ Start container gardening  
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✓ Move from the city to the burbs, or to a smaller town, or even to a more secluded property  
✓ Thing twice before buying anything  
✓ Get a pet or stat raising animals if you’re doing this alone  
✓ Learn to recycle and re-purpose  
✓ Learn wilderness survival skills

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✓ Don’t do it all at once, take it one step at a time  
✓ Be extra careful about how you handle sanitation and hygiene  
✓ Move into a tiny house  
✓ Find someone to do this with, be it a spouse, family member or a like-minded person  
✓ Make a list of all the things that really bring you joy, then do them more often  
✓ Start by completely tying ties to the person you dislike the most

✓ Start working remotely  
✓ Start container gardening  
✓ Start a stockpile  
✓ Move from cable internet to 4G  
✓ Learn to say no when that’s what you really want to say

✓ Get out of the rat race  
✓ Get solar panels for off-grid electricity  
✓ Start harvesting rainwater

✓ Plan your errands more carefully to reduce the number of times you spend around others  
✓ Go out hiking and camping to see if you really like being alone  
✓ Get rid of all social media accounts  
✓ Get a satellite phone and Internet

✓ Start saving some money aside for dark days  
✓ Start meditating and living in the moment

✓ Get a job that forces you to spend a lot of time away from people, or in the outdoors  
✓ Consider moving to another state or country

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