

Escaping Society Checklist

- ✓ Reduce expenses
- ✓ Become a freelancer
- ✓ Start a homestead
- ✓ Cancel your cable subscription
- ✓ Start raising chickens
- ✓ Move from the city to the burbs, or to a smaller town, or even to a more secluded property
- ✓ Think twice before buying anything
- ✓ Get a pet or start raising animals if you're doing this alone
- ✓ Learn to recycle and re-purpose
- ✓ Learn wilderness survival skills
- ✓ Don't do it all at once, take it one step at a time
- ✓ Be extra careful about how you handle sanitation and hygiene
- ✓ Move into a tiny house
- ✓ Find someone to do this with, be it a spouse, family member or a like-minded person
- ✓ Make a list of all the things that really bring you joy, then do them more often
- ✓ Start by completely tying ties to the person you dislike the most
- ✓ Start working remotely
- ✓ Start container gardening
- ✓ Start a stockpile
- ✓ Move from cable internet to 4G
- ✓ Learn to say no when that's what you really want to say
- ✓ Get out of the rat race
- ✓ Get solar panels for off-grid electricity
- ✓ Start harvesting rainwater
- ✓ Plan your errands more carefully to reduce the number of times you spend around others
- ✓ Go out hiking and camping to see if you really like being alone
- ✓ Get rid of all social media accounts
- ✓ Get a satellite phone and Internet
- ✓ Start saving some money aside for dark days
- ✓ Start meditating and living in the moment
- ✓ Get a job that forces you to spend a lot of time away from people, or in the outdoors
- ✓ Consider moving to another state or country

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